



Universidad  
del País Vasco

Euskal Herriko  
Unibertsitatea

FACULTY  
OF MEDICINE  
AND NURSING  
UNIVERSITY  
OF THE BASQUE  
COUNTRY



Fundación **UZTAI** Fundazioa

**Public health,  
Psico-social and  
economic patterns  
resulted from the  
impact of COVID-19**

SEMINAR



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## SEMINAR

We propose the main lines that our society can develop in the post-pandemic era. They are a combination of politics, attachment theory, sociology, and public health planning. They draw out the implications of the Covid-19 pandemic. We do so mostly from the experience gained in our work planning and implementing health strategies. We see that an overall proposal, based on promoting secure attachment relationships and social cooperation, can contribute to the development of a new vision statement and strategies to help the recovery process.

We explore avenues that our society can open in the post-pandemic era. We do so from the experience gained in our work in Autonomic and National Governments as well as with the projects we have developed with the European Commission and with Universities, the activities carried out in the Executive Committees of International Organizations such as the World Federation for Mental Health and participation, of some of us, in various United Nations assemblies. Attachment theory and concepts such as reflective function and reflective dialogue lie at the core of most of these activities.

From the trends that already existed before the crisis, from newly emerging strategies and from the practices developed during the crisis itself, it can be deduced that in the current situation of global crisis, we will learn at least some lessons. We also describe some actions for recovery, but which will remain in further social development. So we suggest some questions reflected in the program.



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# SEMINAR PROGRAMME

**Date:** Every 2 Months on the second Thursday of each Month, at 15:00h (Centre European time)

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**From the Faculty of Medicine of the University of Basque Country within UZTAI Foundation.**

On-line meetings through BBC link:

<https://eu.bbcollab.com/guest/40ef3dbf3c9a4fcea781ad6c9af0078>

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**Programme:** 3 levels for reflexion: Meso-level (Nation Estate policies decisions and implementations making);  
Micro level (Individual, family, community);  
Macro-level (International)

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# SESSIONS ALREADY PERFORMED

## OPENING SESSION

16<sup>th</sup> October 2020

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**15h: Welcome. Dean of the Faculty.**  
Introduction Vice dean Agurtzane Ortiz.

**15:30h** Presentation of everyone having part on the meeting

**16h Speakers:**

**Luis Rivera**

Catedrático de Psiquiatría Universidad Autónoma,  
President, ICAT – International Committee of Autogenic Therapy

**Javier Escobar**

Professor and Patron, Rutgers Medical School, New Jersey

**Vappu Taipale**

Former Minister of Health and director of STAKES. Finland

**16:30h** Coffe break

**17h Speakers:**

**Norman Mukasa**

Director, Research and Postgraduate School  
Muteesa I Royal University. Uganda

**John Lloyd**

Therapist, lecturer and researcher. International Attachment  
Network

**Iñaki Gutierrez**

President of Health Technology Assessment International

**Jose Carlos Rodrigues**

Profesor Coordinador Universidad Politécnica de Leiria, Portugal





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**17:30h** Discussion

**18:15h** Next steps of Seminar programme:

**J. Agustin Ozamiz.** Presidente Fundación UZTAI Fundazioa

### People who attended the October 16th session

**Agurtzane Ortiz**

Vice dean of the Faculty of Medicine in Basque Country Public University

**Luis de Rivera**

Catedrático de Psiquiatría Univ. Autónoma, Presidente, ICAT–International Committee of Autogenic Therapy

**Javier Escobar**

Professor and Patron, Rutgers Medical School, New Jersey

**Vappu Taipale**

Former Minister of Health and director of STAKES. Finland. (Vídeo)

**Norman Mukasa**

Director, Research and Postgraduate School Muteesa I Royal University. Uganda

**Jonathan Lloyd**

Therapist, lecturer and researcher. International Attachment Network

**Iñaki Gutiérrez**

President of Health Technology Assessment International

**Jose Carlos Rodrigues**

Profesor Coordinador Universidad Politécnica de Leiria, Portugal

**J. Agustin Ozamiz**

Presidente Fundación UZTAI Fundazioa



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**Alex Herranz**

SM Services

**Mario Marrone**

Coordinator of the International Committee IAN

**Patxi Etxebarria**

Economist

**Haline E**

Schendan IAN Manchester

**Polina Putrick**

Professor University of Maastrich

**Manfred Egbe**

Applied Human Nutrition, Mount Saint Vincent University  
Camerun. BAI

**Ramón Villalabeitia**

Cirujano. EuskoCofedepen. Colaborador ONG Etiopia

**Andy Cox**

SIGNAL UK. Sunderland



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# 2021 year

## 2nd SESSION

February the 11<sup>th</sup>, at 15:00h until 17:30h (Centre European time)

**Topic: “Lessons for Health System and Social Services resulted from the impact of COVID-19. Mental Health Promotion Policies.”**

Speakers:

**Iñaki Gutiérrez**

President of Health Technology Assessment International.  
“Public procurement and pandemics. The case of COVID19”

**Javier Ballesteros**

Professor in the University of Basque Country, UPV/EHU.  
Basque Cochrane Centre.  
“Covid-19 and mental health. An overview of the evidence”

**José Carlos Rodrigues Gomes**

Pró-Presidente Politécnico de Leiria  
“Mental health promotion – lessons learned in Portugal with the pandemic”

COVID19  
Vaccine



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## 3th SESSION

April the 15<sup>th</sup>

**Topic: Digitalization based production system and Education Policies. Leadership style needed in new social scenarios.**

Speakers:

### **Alexander Herranz**

Head of digital R&D at the consulting firm S&M Services, specialized in Block chain and Artificial Intelligence, and he usually works as a professor for different institutions and companies.

"The pending subject of distance education. Reference: Conclusions after being a student and teacher in times of pandemic and forced distancing. Cases of success and failure, lessons learned and some conclusions to focus an online course keeping the attention and motivation of the students."

### **Jordi Albareda**

Professor in Deusto Business School

"Leadership style needed in new social scenarios"

### **Joseba Pineda**

Dean of The Faculty of Medicine and Nursery in the University of the Basque Country. Spain.

"The impact of Covid-19 on university education"

COVID19  
Vaccine





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# SESSION ON PROGRESS

## 4th SESSION

June the 10<sup>th</sup>

**Topic:** Individual and Community recovery. Community resilience. Large Groups and post pandemic times.

Speakers:

### **Andy Cox**

Partner of SIGNAL.

"How SIGNAL places people and their communities at the heart of Response, Recovery and Resilience"

### **Mauricio Cortina**

Washington School of Psychiatry.

"How our tribal nature and has brought out the best and worst in us during COVID 19"

COVID19  
Vaccine



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# DRAFT PROGRAME 2021-2022

## 5th SESSION October the 14<sup>th</sup>

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**Topic:** Network Society in post pandemic era. Research, health care and social services, training and ICTs.

## 6th SESSION December the 15<sup>th</sup>

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**Topic:** Mental Health Care. Psychotherapy, autogenic and PTSD. Sure attachment and Resilience building.

## Year 2022

## 7th SESSION February the 10<sup>th</sup>

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**Topic:** WHO's improvements needed within lessons from COVID-19

## 8th SESSION April the 14<sup>th</sup>

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**Topic:** Introduction of environmental indicators in GDP. Subjective welfare, Health, social services and GDP. International fiscal system organization.

## 9th SESSION June the 9<sup>th</sup>

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**Topic:** Ageing international associations and its participation in UN. Ethics of International Professional Associations as key for Democracy in post pandemic era.

## 10th SESSION Data to be decided

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**Topic:** Financial and management strategies for recovery from the economic impact of COVID 19.

